

St. George Serbian Orthodox Church
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Protojerej-stavrofor Aleksandar Bugarin, parish priest
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Sunday, March 17: Triumph of Orthodoxy / Недеља Православља

Epistle: Hebrews 11:24-26;32-12:2 Gospel John 1:43-51 Tone 1st

3rd & 6th hours at 9:40 a.m.; Divine Liturgy at 10 a.m.. Church school, coffee hour

Lenten Vespers in Holy Resurrection Serb Orth church in Chicago at 6 p.m.. Homilist Fr. Archimandrite Serafim Baltich

Monday, March 18 – St Nikolai of Zica

Wednesday, March 20

Lenten hours at 5 pm; Confession at 5:40 pm; Presanctified Liturgy at 6 pm

Religious discussion after the services, potluck

Saturday, March 23

Vespers / confession at 5 pm

Sunday, March 24 – Sunday of St Gregory Palamas / Недеља Св Григорија Паламе

Epistle Hebrews 1:10-2:3; Hebrews 7:26-8:2 Gospel Mark 2:1-12; John 10:9-16 Tone 2nd

3rd & 6th hours at 9:40 am; Divine Liturgy of St Basil the Great at 10 am. Church school, coffee hour

Lenten Vespers in St Arch Michael Serb Orth church in Lansing at 6 pm. Homilist Fr Aleksandar Bugarin

We are praying especially for: Mary Book, Millie Stapinski, Ceba Severns, Radovan Jovanovich, Delores Malinovich, Art Schumann, Richard Jovanovich, Dragan Krcmarevic, Slavka Novakovic, Dolly Book, Nicole and Kathy Petkovich, Judy Lockwood, Alysha Bojovic, George Cizmas, and all others in our parish who are ill, afflicted, suffering and/or unable to attend services. May Our Lord Jesus Christ Touch Them with His Healing Hand!

Lenten Fish Fry Fridays: March 8 through April 19, from 4 p.m. – 7:30 p.m.. Please bring your family and friends.

The best time for confession is on the eve of the Liturgy, after vespers, on Saturday evening or on the eve of a Holy Day since the celebration of the Christian Sabbath and the Holy Days start in the evening. All faithful, and especially if a person wants to commune, should attend the evening service and the Holy Liturgy. Confession on Sunday Morning is only if you have family needs, job, distance, health or other important reason. Confessions on a Sunday and/or Holy Day Morning will start at least 30 minutes prior to the Liturgy. Please do not come to confession 5 minutes before the Liturgy begins! If the eve before you prepare to commune does not work for you and you can not make it early enough before the Liturgy, you can always make an appointment with your priest for your confession at another time.

Before communion, please make sure you spiritually and physically prepare, make peace in your heart and read all your pre-communion prayers from your prayer book. Prayers should be read by all who communed after the Liturgy. Remain in church after you receive blessed bread, take a copy of the post-communion prayers which are in the reader's stand and wait until everyone in the church has received blessed bread, prosphora. Wait until the priest says, "Glory to Thee our God, Glory to Thee" 3 times. After this everyone who communed should read the prayers together and loudly. It would be best if one person leads the prayers.

All parishioners should observe Great Lent by attending services, increasing prayers and strengthening relationship with God. Great Lent is not meant to be a "burden" for the faithful but rather a voluntary change of everyday routine and to be more attentive to one's spiritual life. The reason for serving Presanctified Liturgy on Wednesday is to enable everyone to receive spiritual food more often and become closer to our Lord and Savior Jesus Christ. Confess your sins and receive Holy Communion often, every week at least once. Suggested reading for Lent is the Old Testament, the first five books and the prophesy as well as appointed verses in the New Testament for every day. Spend more time with your prayer book instead of your cell phone and time on social media. Share your free time to help others. Mark your calendar now to attend as many Lenten Vespers and specially to come to our Lenten retreat on April 2nd at 6 pm. The topic is Spiritual Exercise, and the speaker is Fr Alexii Altschul from the Holy Arch Michael Monastery in Cameron, Missouri.

Make this Great Lent a special and beneficial time for your soul and body. **Please let Fr. Aleksandar know to bring Holy Communion to your home if you are unable to attend worship services.** Divine and Presanctified Liturgies during Lent are the worship services when you may receive Holy Communion. Vespers, Vigil, Hours and other services are not Eucharistic and Holy Communion is not offered in these services.

A special booklet for the preparation and the service of confession can be found on the warden's table. Before confession, please take one and read the prayers and the questions to help you with your confession. In the same booklet you will find a service of confession which will be conducted before you go to make your personal confession with the priest. One of

the faithful should read the prayers and everyone should read the Creed together. If you want, you may take the booklet home and get more familiar with it. Please return it back to the warden's table on the next Sunday.

Almost every year since 2002, Fr Aleksandar has organized pilgrimages to the old country for American Serbs who do not speak Serbian and have never been there but would love to visit the country of their ancestors and especially the villages where their ancestors came from. Upon request, Father Aleksandar will organize a pilgrimage this fall leaving the US on Monday, September 30 and returning October 12 or 13. If you would like to visit the country of your ancestors, visit the most important middle age monasteries that you have heard about all your life, see the towns and museums and a beautiful early fall landscape, and visit the village from which your family came, please let Fr Aleksandar know by the middle of April. If you need more information about the trip, prices, accommodations, places to be visited, etc, please talk to or give a call to Fr Aleksandar.

Please donate for the Good Friday and Pascha flowers. This year you may make your donation in memory of your reposed beloved ones or for the health and salvation of your family and or friends. Please write down the names on a piece of paper and give it with your donation to Nadine Paukstys, Kolo Treasurer.

Lenten Prayers of St. Ephraim of Syria

O Lord and Master of my life, a spirit of idleness, despondency, ambition, and idle talking give me not. *Prostration*
But rather a spirit of chastity, humble-mindedness, patience, and love bestow upon me Thy servant. *Prostration*
Yea, O Lord King, grant me to see my own failings and not condemn my brother; for blessed art Thou unto the ages of ages. amen. *Prostration*

Сваког петка у току поста у црквеној сали има печена риба вечера од 16 до 19 и 30 часова. Планирајте доћи барем једном и тиме помоћи Вашу цркву. Потребна је и помоћ у припреми хрене, служењу и чишћењу ако и у прилогу колача. За више информација око помоћи позовите о Александра.

Исповест у току поста је најбоље да се уради суботом вече после вечерњег богослужења.

Исповест недељом ујутро у 9 и 30 је само за оне који живе далеко, не могу да возе увече или имају какав породични конфликт. Умољавате се да не дођете на исповест 5 минута пре литургије јер то не даје доста времена.

Припрема за исповест и причест се састоји у појачаној молитви, праштању, посети богослужењу и не једењу мрсне хране. Свако православно хришћанин је обавезан да се исповеди и барем једном причести у току Часног поста. Полсе причесту останите у цркви да прочитате молитве после причести које су на енглеском и српском.

Коло сестара сакупља прилоге за куповину цвећа да се украси црква за Велики Петак. Ваш прилог за цвеће дајте Nadine Paukstys благајници кола сестара а прилог може бити за покој душа Ваших упокојених или за здравље живих. Напишите имена за које дајете прилог и биће помињана у молитвама у цркви.